

Manchester Health and Wellbeing Board Report for Information

Report to: Manchester Health and Wellbeing Board – 20 September 2023

Subject: Children and Young People's Health Summit

Report of: Deputy Director of Public Health

Summary

The Children and Young People's Health Summit brought system leaders together to develop, drive and own the future direction and delivery of Manchester Locality's priorities for the health of our children and young people. This paper summarises the event and next steps.

Recommendations

The Board is asked to note the key outputs from the event and proposed next steps.

Our Manchester Outcomes Framework

Manchester Strategy outcomes	Summary of how this report aligns to the OMS/Contribution to the Strategy
A thriving and sustainable city: supporting a diverse and distinctive economy that creates jobs and opportunities	Giving children the best start in life, and ensuring that children and young people have good physical health as well as social and emotional wellbeing will reduce health inequalities in the future adult population and enable them to make the most of the opportunities the city has to offer as well as contribute to the economic growth of the city.
A highly skilled city: world class and home grown talent sustaining the city's economic success	
A progressive and equitable city: making a positive contribution by unlocking the potential of our communities	
A liveable and low carbon city: a destination of choice to live, visit, work	
A connected city: world class infrastructure and connectivity to drive growth	

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Background documents (available for public inspection): None

1. Background

- 1.1 The Children and Young People's Health Summit brought system leaders together to **develop, drive and own the future direction and delivery** of Manchester Locality's priorities for the health of our children and young people.
- 1.2 The event aimed to begin the process of reviewing, developing, and agreeing a vision for the health of the children and young people of Manchester. This will contribute to and inform the refresh of Manchester Children and Young People's Plan 2020-2024 – building a safe, happy, healthy, and successful future for the City's children; in addition to informing the work of the Manchester Provider Collaborative and the Manchester Partnership Board.

2. Approach

- 2.1 The event was facilitated by Challenge to Care, and participants came from a wide variety of roles across health, social care and the third sector. Participants took part in structured conversations and exercises to address the following objectives;
 - Establishing their personal and collective “why” for children and young people of Manchester
 - Reflecting on where we are now, what has helped and what has got in the way of progress
 - Reviewing the changing needs of the children and young people of Manchester and critically assessing how we may need to change our approach to meet these needs more effectively
 - Agreeing priority areas for collective focus
- 2.2 Priority themes for discussion had been identified, through an analysis of public health data and informed by local insight into current challenges and areas where evidence shows collaborative action is likely to have impact. Participants also received a data information pack to inform their thinking in advance of the session. The themes were;
 - Maternal and infant health
 - Immunisations, vaccinations and screening
 - Early childhood development
 - Healthy weight
 - Respiratory illness
- 2.3 It was acknowledged that mental health was a priority, and that social and emotional wellbeing is crucial for children and young people to flourish. A separate discussion is taking place on mental health and work on emotional wellbeing will form part of the development of the city's strategic plan for mental wellbeing, commencing in September 2023.

3. Outputs

- 3.1 A number of over-arching themes were identified as important to drive strategic decision making for children and young people.

Well-Being and Support:

Child well-being, mental health support, and family support highlighting the importance of fostering a positive and supportive environment for individuals.

Education and Opportunity:

Education, equal opportunity, and access to resources, emphasising the significance of providing individuals with the tools and opportunities needed for success.

Mental and Physical Health:

Mental health and physical health, reflecting the understanding that overall well-being encompasses both psychological and physical aspects.

Collaboration and Connectivity:

Collaboration, communication, and support networks stressing the significance of working together to address challenges and create a supportive community.

Empowerment and Potential:

Empowerment, individual potential, and goal achievement, highlighting the importance of individuals realising their abilities and pursuing their aspirations.

Prevention and Early Intervention:

Prevention, early intervention, and data-informed decision-making underscoring the proactive approach to addressing challenges before they escalate.

Advocacy and Impact:

Advocacy, empowerment, and impact on various aspects of life emphasising the need for meaningful change and positive outcomes.

Safe Environments:

Ensuring safe and secure environments appears, recognising the foundational importance of a secure foundation for well-being.

Community Involvement:

Engaging with the community, creating connections, and involving children and young people highlighting the importance of collective efforts and inclusion.

Challenges and Resilience:

Overcoming challenges, breaking cycles, and dealing with adversity acknowledging the difficulties individuals may face while emphasising the importance of resilience.

- 3.2 Participants then started to identify areas for action and collaborative development for each of the priority health themes, following a discussion about what was already happening and working well across the system.
- 3.3 Finally participants reviewed the session and discussed what needed to happen next to make a difference to children and young people's outcomes in Manchester. Thoughts included;
- A focus on the needs of the future generation based on demographic change projections – understand what service and support provision will have the most impact
 - Greater focus on qualitative measurement alongside quantitative measurement
 - Involvement of children, young people and carers and families, including sharing data with them to help them inform the developments
 - Agree shared performance indicators across organisations and with families
 - Involve a broader range of partners in the ongoing development of vision and underlying actions
 - A focussed session on mental health
 - Keep the momentum going for this work

4. Next steps

- 4.1 In addition to being informed by the 'issues that matter' for children and young people as part of Manchester's Child Friendly City development and delivery plan, the discussions, data and themes identified during the summit will be developed further and ultimately contribute to the refresh of Manchester's children and young people's plan. This is expected to be finalised in May 2024.

5. Recommendations

- 5.1 The Board is asked to note the key outputs from the event and proposed next steps.